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Bangalore Mirror

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DIY PROJECTS

Tired of complaining about broken infra, citizens take up the task themselves — clean up a road and give public space a makeover

PAGE 4

PLASTIC OUT

Forest dept introduces initiative to encourage tourists to deposit plastic materials before entering Bandipur National Park

PAGE 5

Electrocution of cow on Kalkere Lake premises has thrown open the debate: Should lake land be fenced off to prevent damage to saplings or should BBMP give more thought to integration of local communities

FATAL GRAZE BY THE LAKE

Guards should stay vigilant even after lake gate is shut to public, say residents of area

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According to a lake activist, farmers have been taking their cattle to wetlands to graze for years now so lake development must include this aspect too

The recent death by electrocution of a cow that entered the Kalkere Lake premises has raised a host of questions among citizens. The cow had entered the lake for grazing and was electrocuted when it accidentally came into contact with live electric wires of the junction box of a tube well.

While a set of citizens wonder how unsafe public spaces are for animals and even humans, others have called for a better way to deal with stray cattle and managing their grazing area.

Residents and animal activists said the electrical junction box was fixed on the lake bund instead of being put on an electric pole and one of its doors was found missing. The cow died by electrocution when it touched the live electric wires accidentally while grazing on the lake bund. "The BBMP engineer (lakes) told us that the borewell was not meant for the lake but for supplying water to the people residing at the adjacent area. The cow would have been safe had the people concerned ensured that the doors of the electrical junction box were in a proper condition or if the box was kept at a safer place," said a resident of Kalkere.

> **"The condition of the water body has been deteriorating day by day. Children are also vulnerable if the BBMP authorities fail to shift the electrical junction box to a safer place immediately**
>
> — Sathish Poojary, resident of the area

Expressing concern over the death of the animal, Sathish Poojary, a resident of the area, blamed the BBMP Lakes Department for this mishap as they had failed to put a fence around the lake. "The condition of the water body has been deteriorating day by day.

CONTINUED ON PAGE 8 »

You are parked all wrong

As traffic cops book 200+ cases in a day, motorists ask where the parking space is

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Traffic police are registering more than 200 cases of wrong parking every day in the city. Bengaluru South Traffic Police addressed issues of haphazard parking and traffic obstruction on Saturday and in the process they registered 218 cases of vehicles parked in no-parking areas and 66 obstruction cases under the IMV Act, 1988.

DCP South Traffic Shiva Prakash Devaraju told BM, "We have received numerous complaints from the public regarding traffic issues caused by wrong parking. In response, we have identified high-priority areas with significant congestion and are conducting daily enforcement drives. This approach not only addresses immediate traffic problems but also raises public awareness. By focusing on these critical zones, we aim to foster a long-term change in behaviour and improve overall traffic flow on major roads."

While some citizens opine that enforcement drives by the police helps the situation,

CONTINUED ON PAGE 8 »

Eye on new welfare schemes for motor transport workers

Governor establishes social security act for transport workers, enhancing well-being and schemes for allied workers

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The Karnataka governor has approved the formation of the board for Karnataka State Motor Transport and Other Allied Workers, focusing on welfare initiatives and schemes for transport workers. Additionally, the governor has given assent to the Karnataka Motor Transport and Other Allied Workers' Social Security and Welfare Act, aimed at enhancing the well-being of these workers.

Under the Act, registered workers will benefit from the schemes introduced for their welfare. The bill introduces schemes for Accident Benefits (Death, Disability, and Medical reimbursement), Assistance for Natural Death (including funeral expenses), Educational Assistance for children of deceased and current Motor Transport and other Allied Workers, Maternity Benefits for women workers, reimbursement of registration fees for Karnataka Government schemes like Ayushman Bharat Arogya Karnataka, and a Pension Scheme. All motor transport and other allied workers must register their names and prescribed particulars with the registering officer through the designated digital portal authorised for this Act.

The state government will establish The Karnataka State Motor Transport and Other Allied Workers' Social Security and Welfare Board. The board will be chaired by the Labour Minister of Karnataka, with the Additional Chief Secretary/Principal Secretary/Secretary of the Department of Labour, Karnataka State serving as the vice president. Members include the Additional Chief Secretary/Principal Secretary/Secretary of the Transport Department, Industries Department, and Finance Department, along with the Commissioner of Transport and Commissioner of Commercial Taxes. The Labour Commissioner for Karnataka will serve as the member secretary. Additionally, the government may appoint 10 members: 5 representing workers in motor transport and allied industries, and 5 representing employers of motor transport undertakings. The board will fund its operations and schemes through a cess collected from industry establishments.

The bill introduces schemes for Accident Benefits, Assistance for Natural Death, Maternity Benefits for women workers and more

All motor transport and allied workers must register with the designated officer through the authorised digital portal for this Act

VK Property expo a big hit among Bengalureans

Thousands thronged the VK Property Expo-2024 which concluded with resounding success, attracting a plethora of eager property seekers and celebrities. This expo provided Bengaluru residents with an unparalleled chance to explore a diverse range of properties. Residential plots from Rs 6 lakh and apartments starting at Rs 20 lakh made the expo an ideal opportunity to find an affordable and desirable home. Featuring contributions from 20 esteemed real estate giants, builders, and developers, attendees can benefit from exclusive discounts and make informed investment decisions.

Organised by Vijay Karnataka, the expo brought together leading real estate developers, builders, and property dealers, showcasing a comprehensive collection of residential and commercial properties at competitive rates. Attendees had the advantage of on-the-spot registration and convenient home loan facilities from top banks, simplifying the property registration and financing process. Moreover, the expo offered special discounts from builders and developers, making it a must-visit for potential real estate investors. Expert guidance and insights were readily available.

Beyond property showcases, the expo featured informative seminars and interactive sessions with industry leaders, offering valuable perspectives on market trends and investment strategies. This holistic approach empowered attendees to make well-informed decisions regarding their real estate ventures.

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4 THINGS TO DO

01 Artistic showcase

Experience Parshv Padap, a week-long celebration of art and culture, where talented stone sculptors and painters from across India come together to showcase their creativity. Witness breathtaking sculptures and emotive paintings that reflect diverse styles and artistic visions. Be a part of this unique opportunity to immerse yourself in the synergy of talent and creativity on display. **Where: Jain International Residential School; When: June 23 to 29**

02 Heritage fiesta

Step into the vibrant world of The Grand Rajasthani Exhibition. Immerse yourself in a stunning array of handlooms, handicrafts, and jewellery showcasing the rich traditions of Rajasthan and beyond. From intricate sarees to dazzling jewellery and exquisite home decor, indulge in a celebration of artistry and culture. **Where: Sri Jyothinandamayi Samudaya Bhavan; When: June 23 - 30, 10 AM to 9 PM**

03 Poetic reverie

Experience the magic of live poetry with Raphael Emileenaa. Join an evening of soul-stirring verses that delve deep into the complexities of life, emotions, and human connection. Immerse yourself in an intimate setting that celebrates creativity and expression. Don't miss this opportunity to witness poetry come alive in Bangalore's beloved cultural hub. **Where: Urban Solace, Ulsoor; When: June 25, 7:30 PM to 9 PM**

04 Election insights

Explore the inner workings of India's Election Commission with Mr. Vinod Zutshi, a seasoned IAS officer and election governance expert. Delve into the challenges, strategies, and successes behind orchestrating the world's largest democracy. Attend the insightful discussion on electoral governance and the pursuit of free and fair elections. **Where: Bangalore International Centre; When: June 24, 6:30 PM to 8:00 PM**

Rude cop: DCP stops sub-inspector's increment for 3 months

Policeman accused of rude behaviour towards person with disability

Deputy Commissioner of Police, Bengaluru North, has issued an order to withhold annual increment of Bagalakunte Police Sub Inspector Pradeep Kumar for a period of three months for behaving rudely with a person with disabilities when the latter was summoned to Bagalagunte Police Station in November 2022.

Deputy Commissioner of Bengaluru North Saidulu Adavath issued the order on May 8. "The annual increment of Pradeep Kumar, Police Sub Inspector of Bagalagunte has been withheld for three months," the order reads.

Bangalore Mirror had written about the incident on April 16, 2024, and spoke about how the Commissioner for Rights of Persons with Disabilities Act has pressed the police for a report on alleged mistreatment of individuals with disability. We had also reported that the State Commissioner for Rights of Persons with Disabilities Act has issued an order directing Bengaluru North Deputy Commissioner of Police to take disciplinary action against Pradeep Kumar.

Meanwhile, Bagalagunte Police have registered a first information report (FIR) on June 21, 2024 against Rajan K based on the complaint by Santosh. Santosh complained that Rajan K had made a false complaint against him with Bagalagunte Police in November 2022 and the allegations are false.

The police have registered the FIR under the Section 92(A) of Right of Persons with Disability Act , 2016. If convicted, the accused person is liable for imprisonment of six months and extendable to five years with or without fine. The FIR was also registered under Section 211, 177, 204, 167, 201, 218, and420.

Complainant Santosh said that his complaint prayer to the Deputy Commissioner of Police and higher authority of police department was to register a FIR against Rajan K & Police Sub Inspector Pradeep Kumar, as per the order passed from the Karnataka State Commission for Rights of Persons with Disabilities Act-2016 of Court under PwD Act Section 92A & along with additional IPC Sections but Bagalagunte police registered FIR only against Rajan K. "It is a disappointment. I will approach the competent authority for the execution of the order passed by the State Disability Commission on May 4, 2024," said Santosh.

Suraj Revanna brought to CID office in B'luru

JD(S) MLC Suraj Revanna was brought to the Crime Investigation Department office in Bengaluru on Sunday in connection with the probe into an alleged sexual assault case. Earlier, police arrested Suraj Revanna, son of former Karnataka Minister HD Revanna, for the alleged sexual assault on a male party worker. The case was later transferred to the CID.

According to the police FIR, Revanna has been charged under sections 377 (carnal intercourse against the order of nature), 342 (wrongful confinement), and 506 (criminal intimidation) of the IPC for the offense allegedly committed on June 16 as per the complaint. A counter FIR has been registered against the complainant and his brother-in-law on the complaint filed by the personal assistant of Suraj Revanna for allegedly threatening and blackmailing the MLC with false allegations of sexual assault. **BMB**

BM Drive

Optimistic note
The auto industry is optimistic of steady growth in 2024-25, says Society of Indian Automobile Manufacturers (SIAM)

Indian automobile industry grows 19% to ₹10.22 lakh cr in FY24, reveals report

The Indian automobile industry grew 19 per cent to Rs 10.22 lakh crore in FY24 driven by a robust growth in the utility and sports utility vehicle (SUV) segment, a recent report said. The volume grew by 10 per cent during the year, the report by management consulting firm Primus Partners said.

A notable shift in the UV and SUV segment was that the volume increased by 23 per cent and price by 16 per cent leading to overall value increase by 39 per cent last fiscal year.

The average price increase in this segment was due to general rise in prices, shift to higher segment, shift to hybrid and automatic, popularity of sunroof and shift to electric vehicles (EVs), it said.

Indians are preferring higher, more expensive models across segments, and the average price of vehicles is increasing, as per the report.

At the forefront

"India is at the forefront in leading the global automobile race, bypassing lower-priced products and creating more value in feature-rich, higher-priced vehicles.

Consumer preferences and robust economic fundamentals are drivers of this transformation in the Indian automobile industry. Significantly, the UV and SUV segments are becoming a preferred choice for most Indian consumers," said Anurag Singh, Managing Director of Primus Partners.

On the other hand, the passenger vehicle (PV) segment saw a decline of 9 per cent in volume due to a slight price increase, resulting in 4 per cent value drop.

In the two-wheeler segment, India witnessed 10 per cent increase in volume and 13 per cent in value. The report noted that while India is at number three in terms of vehicles registered behind China and the US, in value terms it is behind countries like Japan and Germany.

Besides, the average price of a vehicle in India is lower than that of many advanced countries.

The value of the Indian Automobile industry is growing at a faster rate than volume.

Also, according to the report, India is the number one producer of two-wheelers with more than 20 million units produced last year. The two-wheeler segment dominates in volume with 76 per cent share, while value share is 18 per cent.

As per the report, 2023-24 proved to be a strong year for the global automobile industry. The lingering pent-up demand from the pandemic period remained active while many of the supply chain constraints had eased up.

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Locals roll up sleeves to repair roads in Balagere

BBMP initially fills potholes, but roads deteriorate again. Citizens' appeals for improvement go unanswered, so armed with garden tools they get to work

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Above: One of the residents holding a placard in front of garden tools; Below: Residents removing accumulated dust on Balagere Main Road Sunday morning

People living on Balagere Main Road were initially delighted when the Bruhat Bengaluru Mahanagara Palike (BBMP) filled potholes a few months ago. However, their joy was short-lived as the road quickly returned to its original poor condition. Despite residents' appeals to community leaders and BBMP authorities to address the issue, their efforts have been unsuccessful so far.

Frustrated by authorities' inaction and left with no alternative, residents took matters into their own hands by clearing accumulated dust and sand from the road to ensure the safety of two-wheeler riders. On Sunday morning, around 30 residents, armed with garden tools, gathered on the road to remove the accumulated dust. They managed to collect around 20 sacks of dust accumulated on the road.

"I have been residing here for the last seven years. Due to the lack of proper roads, traffic deadlock takes place during the peak hours. It has become a herculean task for the residents to commute on this road," said Harish Meti, a resident.

Swetha, a resident, expressed frustration over the BBMP authorities' apathy and noted that despite residents' appeals to fix the problem, nothing has been done till now. "The BBMP authorities used to tell us that they cannot take up asphalting the road as they do not have sufficient funds. We have sent a detailed letter to the Chief Minister's Office on the pathetic condition of the road. Now, the BBMP authorities are attempting to do something to mitigate the problem. We want the BBMP authorities to complete the asphalting work as early as possible. We will continue our cleaning programme till the BBMP asphalt the road," she said.

> **"The cleaning program is aimed at prompting the BBMP authorities to make the road motorable for the commuters**
> – Aishwarya K, resident

Stating that the cleaning programme is not against the BBMP, Aishwarya K, a resident, has said that she has been residing here for the last five years. "The cleaning program is aimed at prompting the BBMP authorities to make the road motorable for the benefit of thousands of motorists who commute on this road," she said.

Demanding the BBMP authorities to asphalt the road without any delay, Pavithra Holla, a resident, has said the road is the main link to reach Kadubeesanahalli, Varthur and other areas. "The BBMP engineer engaged a contractor to fill up potholes two months ago but new potholes and craters developed on the road quickly. I urge the BBMP authorities to fix this problem as early as possible," she said.

One resident was observed holding a placard with the slogan: "Namma Road Namma Responsibility. Namma Tax Namma Bankige Vapas. #ConductBBMP Election." The BBMP ward engineer was unavailable for comment.

Richmond Road shines with citizen power

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Over 100 citizens participated in giving a facelift to a prominent part of Richmond Road. This initiative included 40 volunteers from JLL, 50 from Karnataka State Reserve Police (KSRP), and 10 BBMP sanitation staff, as part of a public space transformation project facilitated by The Ugly Indians.

The section of Richmond Road connecting Trinity Circle and HOSMAT is home to important institutions such as the Karnataka State Police and the PCTC Army Mess, both heritage structures dating back over a century. The footpaths have been enhanced as part of the initial TenderSURE project, making this area a prime part of the city and a significant thoroughfare for vehicles and pedestrians.

Unfortunately, the walls of these compounds were deteriorating and attracting anti-social behaviour such as littering and urination. The project aimed to rejuvenate, enhance, and restore a sense of pride and beauty to this pristine and beautiful tree-lined avenue. Volunteers spent hours trimming hedges, clearing dried leaves, branches, and litter, and giving the exterior walls of the KSRP 1st Battalion compound a facelift. The teamwork between the police and the public was highly productive, reinforcing the belief that when all stakeholders in the city work shoulder-to-shoulder, our streets and public spaces can be restored with love and sweat.

The chosen design for the wall was The Ugly Indians' trademark 'picket fence' triangles, seen across many kilometres of the city's walls. It effectively deters defacement while bringing order to the urban chaos. Some volunteers brought their dogs, adding a fun atmosphere. Passersby joined in, cars honked, and bus passengers gave thumbs-up, creating a positive vibe.

This project is part of the ongoing CleanStreets500K Challenge, a citywide initiative in collaboration with BBMP to clean and enhance 500 kilometres of city streets and footpaths, supported by citizen volunteers, corporations, and institutions.

A TUI volunteer said, "When citizens and government come together hands-on to solve common problems, using their own hands, time, and resources. A lot can be achieved in two hours than through extensive meetings and debates."

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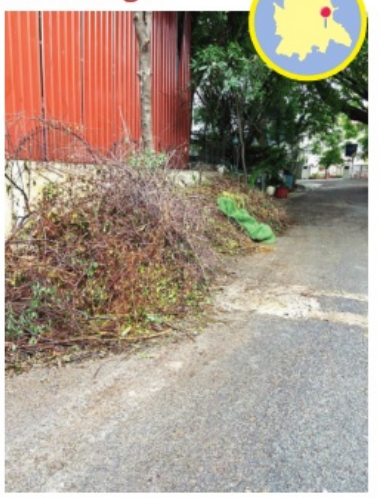
Circuit risk
KR Puram

Despite several days of rain, an electric box at the entrance of Devasandra Road in KR Puram remains exposed, posing a risk of short circuits.

Black spot neglect
Ashok Nagar



Numerous complaints about a black spot on Brunton Road Cross have been made, but there has been no response from the BBMP.

Waste management
KR Puram

Garbage accumulation persists in the KR Puram market and bus stop areas, posing hygiene and environmental concerns for residents and commuters.

Delay in BBMP polls causing much angst

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There has been a long and undue delay in the Bruhat Bangalore Mahanagara Palike (BBMP) elections. Recently, the Bharatiya Janata Party (BJP) alleged that the Congress party is trying to postpone the elections. Sources indicate that there is a growing sentiment within the ruling Congress party that rushing into the BBMP elections would be unwise. This was discussed during a meeting of former mayors, deputy mayors, and key party leaders at the KPCC office.

A Congress party leader who attended the meeting said, "Despite the 'Brand Bengaluru' slogan, the party has yet to make significant strides in improving the city's infrastructure, even after a year in power. The recent increases in petrol and diesel prices have further fuelled public discontent. Additionally, there is resistance to the proposed hike in water tariffs. The ongoing BJP-JDS alliance is also expected to pose a formidable challenge for

Congress. Consequently, party leaders believe that holding elections at this juncture would not be prudent. The consensus at the meeting was to postpone the elections for the time being. During the meeting, leaders stressed the need to focus on enhancing the city's infrastructure and addressing public grievances before heading to the polls. They also acknowledged that the party's image has been tarnished by recent controversies and requires improvement before facing the electorate."

The term of the BBMP Council ended in September 2020. The leaders who attended the meeting said the current situation was not favourable for holding elections. Despite significant efforts, the party failed to secure even a single seat in the four Lok Sabha constituencies under the BBMP limits, damaging the party's image due to its disappointing performance in the Lok Sabha elections. After the meeting, Shivakumar addressed the media, stating, "A committee of former mayors has been formed to study the issues related to BBMP and submit a report. The committee will examine various matters, including 'A' and 'B' accounts, among other issues. We will hold another meeting in eight days to discuss the report."

Bandipur goes plastic-free

Forest dept installs collection containers & enforces fines to tackle plastic waste; tourists & locals join efforts to preserve park's cleanliness

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Measures have been implemented to establish Bandipur National Park as a plastic-free zone, led by the forest department's proactive initiatives. A key aspect of this effort is encouraging tourists to deposit plastic waste before entering the park, facilitated by a designated container at the entrance. This initiative aims to curb plastic litter and maintain the park's pristine environment.

Additionally, the forest department has mobilised efforts to collect plastic waste from both tourists and local residents, supported by dedicated personnel. Situated on the route to Tamil Nadu and Kerala, Bandipur National Park faces significant challenges from foot and vehicle traffic, which contribute to plastic waste accumulation.

To address this, park officials have installed collection containers and embarked on an educational campaign to emphasise the importance of preserving a plastic-free environment. Forest personnel conduct regular patrols to enforce waste management and raise awareness among visitors and locals alike. Plans are underway to expand waste collection infrastructure across the park, enhancing sustainability efforts.

A forest department official commended the collaborative spirit among tourists, locals, and park authorities in striving towards a plastic-free Bandipur National Park. This collective endeavour underscores a shared commitment to environmental conservation, setting a positive example for other parks and tourist destinations in the region.

Waste collection at Bandipur National Park

Furthermore, the forest department has implemented strategic measures such as imposing a green tax on vehicles at designated checkpoints and actively retrieving plastic bottles from park visitors. Additionally, the area surrounding Sri Himavad Gopalaswamy Betta has been designated a plastic-free zone, reinforcing efforts to minimize plastic waste, including during religious observances.

Minister of State for Forest, Ecology, and Environment, Eshar B Khandre, emphasised the need for stringent enforcement against plastic waste littering in forest areas, including tiger reserves and national parks. At a meeting of the Tiger Conservation Foundation, he advocated for penalties and fines to deter offenders and enforce the plastic ban effectively within Bandipur National Park.

The minister directed officials to maintain strict measures to preserve plastic-free forest areas and safeguard the ecosystem, expressing confidence that these actions will contribute to a cleaner environment.

VK Street Sambhrama turns Sunday into fun day at HSR Layout

Residents of HSR Layout came together to celebrate the inaugural VK Street Sambhrama with great enthusiasm, showcasing a strong sense of community. This collaborative event, organised by Vijay Karnataka and Bangalore Mirror, featured a variety of engaging activities on Sunday. Women displayed their artistic skills through rangoli designs, while children expressed their creativity through drawing. The streets were filled with the joyous sounds of children playing games like lemon and spoon and skipping, adding a lively atmosphere as they tried to master the art of balancing the spoon. Participants from every nook and corner of HSR layout, spanning all age groups, joined the revelry, transforming the occasion into a genuine hometown celebration. For many, it was a nostalgic journey, reminiscent of childhood days. A resident shared, "My childhood memories are always attached to the streets of HSR Layout. Thanks to VK Street Sambhrama, I could relive my childhood."

"VK Street Sambhrama was a delightful experience that brought our community together in a unique way. It was heartening to see people from all walks of life joining hands to celebrate our neighbourhood's diversity and creativity. Events like these strengthen the bonds among neighbours and create a sense of belonging," Rajesh, who actively participated in the event, said. "Participating in the rangoli competition at VK Street Sambhrama was an enriching experience. It provided a platform for local talent to shine and showcased the rich cultural heritage of our community," Priya, another participant added.

1. VK Street Sambhrama being inaugarated
2. Lighting of the lamp at the event
3. Citizens enjoying a little dance
4. Kids participating in a competation
5. Top spinning competation
6. The chief guest addressing the gathering

PICS: KAUSHIK JN

Presenting, the champions

India put up yet another dominating performance to defeat South Africa by seven wickets and sweep the three-match Women's ODI series 3-0 at the Chinnaswamy Stadium in Bengaluru on Sunday.

Smriti Mandhana narrowly missed a century and got out for an 83-ball 90, having set up the 216-run chase with her superlative show at the top.

She hit 11 boundaries.

Skipper Harmanpreet Kaur made a 48-ball 42 before Richa Ghosh sealed the chase with a six off Tumi Sekhukhune in the 41st over. India won with 56 balls to spare.

Earlier, skipper Laura Wolvaardt made 61 before South Africa suffered a batting meltdown to finish with an underwhelming 215/8.

Arundhati Reddy and Deepti Sharma took two wickets each for India.

NOTES FROM THE FIELD

Don't count chickens yet

Hoardings, once banned, are now set to make a comeback in the city! The government's bet on advertising to boost cash reserves for Bruhat Bangalore Mahanagara Palike (BBMP) is on. When questioned about expected annual earnings, Shivakumar quipped, "Let's not count our chickens before they hatch. We'll gauge the revenue flow first." He highlighted that the new ad policy aims for system order and transparency, eyeing substantial revenue for BBMP.

'No pressure'

There's been a lot of chatter lately about potential pressure on the Siddaramaiah government regarding the Darshan case. When asked about this, Home Minister G Parameshwara responded by saying, "We've only received briefings from officers on the matter. We haven't issued any specific directives as they are well aware of their responsibilities. Despite rumours of pressure, neither the Chief Minister nor I have received any formal representations on the issue. Our approach is unbiased and without any undue influence." Rumours circulated suggesting that the Darshan case was discussed in Thursday's cabinet meeting with the CM, but sources clarified that no such discussion took place during the meeting.

Channapatna 'mystery'

There's been a buzz lately about Deputy Chief Minister DK Shivakumar's potential interest in contesting the Channapatna by poll. Rajajinagar MLA S Suresh Kumar expressed his surprise to journalists, noting that it would be unprecedented for a sitting minister and current MLA to seek election in another constituency during a by poll. In a strong response, Union Minister HD Kumaraswamy, who vacated the Channapatna MLA seat after winning the Mandya MP seat, questioned DK Shivakumar's sudden focus on Channapatna. However, Kumaraswamy also acknowledged that in a democracy, anyone has the right to contest from any constituency, and he had no objections to it. However, DKS said that he would bow to the wishes of the people and would do so as per the wishes of the voters.

Former PM HD Deve Gowda strikes a yogic pose, crediting yoga for his enduring fitness. On this Yoga Day, he proudly shares his favourite asana

Caste consciousness

CM Siddaramaiah has highlighted the concerning trend of growing caste consciousness among educated individuals. He expressed his dismay that even those who have pursued higher education, such as doctors, still hold beliefs in superstitions and adhere to concepts like destiny and karma theory. Addressing students at a felicitation program, the CM emphasised the importance of rejecting such nonsensical beliefs. He stressed the need for rural areas to offer quality, rational, and scientific education to everyone, regardless of their caste. Siddaramaiah pointed out that the caste system has perpetuated inequality in society, and it must be eliminated. He underlined the opportunities provided by the constitution for children from all backgrounds to receive education, emphasising that his journey from grazing buffaloes and cows to becoming Chief Minister was made possible through education.

Shamiana theory

The police had set up a shamiana around the Annapoorneshwari police station, sparking curiosity as to its purpose. Speculations arose, with some suggesting it was to shield the alleged VIP treatment of an actor from public view, while others argued it aided the investigation process by managing the crowd. During a press conference on Tuesday last, journalists questioned Bengaluru City Police Commissioner B Dayanand about this. He responded, "Everything serves a purpose, and I cannot disclose this openly. I've already addressed concerns from some journalists, and if you have any related questions, I'll answer them privately, not in public."

Moral of the story

The Kannada film industry has maintained an unexpected silence regarding Darshan's alleged involvement in a murder case. Journalists recently approached renowned actor 'Kichcha' Sudeep for his perspective on the matter. When questioned about his views, Sudeep shared an anecdote, stating, "There's a story where two individuals publicly quarrelled, and a third party supported the victim. However, later, the quarrelling parties reconciled, making the third person's intervention seem futile. So, the lesson is to refrain from speaking hastily and instead observe and learn from news reports about what mistakes to avoid."

— Sridhar Vivan

ISRO achieves success in RLV landing

The Indian Space Research Organisation (ISRO) achieved another success in the Reusable Launch Vehicle (RLV) landing experiment (LEX) on Sunday. The third and final test, LEX-03, was conducted at 07.10 IST at the Aeronautical Test Range (ATR) in Chitradurga, Karnataka.

Following the success of RLV LEX-01 and LEX-02 missions, LEX-03 re-demonstrated the autonomous landing capability of the RLV under more challenging release conditions and severe wind conditions. The winged vehicle, named 'Pushpak', was released from an Indian Air Force Chinook Helicopter at an altitude of 4.5 km.

From 4.5 km away, Pushpak autonomously executed cross-range correction manoeuvres, approached the runway, and performed a precise horizontal landing. The landing velocity exceeded 320 kmph. After touchdown, the vehicle's speed was reduced to nearly 100 kmph using a brake parachute, followed by landing gear brakes. During the ground roll phase, Pushpak utilised its rudder and nose wheel steering system to maintain a stable ground roll.

This mission validated advanced guidance algorithms essential for future Orbital Re-entry Missions. The RLV-LEX used multi-sensor fusion, including an Inertial sensor, Radar altimeter, Flush air data system, Pseudolite system, and NavIC. Notably, the winged body and flight systems were reused from the LEX-02 mission without modification.

—ANI

HEALTH TIP: Salmon, herring and mackerel are rich in phosphorus and zinc (excellent sources of omega-3 fatty acids)

Eggs are a great source of protein and biotin, which strengthen hair, and accelerate its growth

BangaloreMirror | 7
Monday, June 24, 2024
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What's your mood?

Bipolar disorder: Brain areas which drive mood bias

Moods and emotions play an important role in our day-to-day life. They even influence how we experience things – for instance, whether we start the day feeling hopeful and energised or grumpy and lethargic.

This can affect whether we interpret events in a positive or negative light.

In people with bipolar disorder, however, mood can change quickly and unpredictably, so that you get "stuck" in a low or high mood, which can have significant consequences. Yet researchers don't know exactly what drives such extreme shifts in mood.

Now our new study, published in Biological Psychiatry Global Open Science, has uncovered the brain areas that bias mood and the brain's response to pleasure in bipolar disorder. It is possible that our findings may one day lead to better treatments.

We all experience shifts in mood throughout the day. When we are in a good mood, we tend to view things more favourably – if we happen to experience a streak of success and are on a roll, our good mood similarly rolls over and gains momentum.

Equally, when we are in a bad mood, we tend to perceive bad outcomes as even worse than they are – this negative mood similarly gains momentum and might make us feel worse.

Such momentum in mood can bias how we perceive events and the decisions we make. Imagine going into a new restaurant for the first time. If you happen to be in a fantastic mood, you are likely to perceive the experience as much better than it actually is. This might set up your expectations that a future visit would give you a similar, positive experience, and leave you feeling disappointed if that is not the case.

The process by which mood biases the perception of pleasurable or rewarding experiences has been thought to be amplified for people with bipolar disorder, who can experience moods that can quickly climb to extremes.

Bipolar disorder has been described by those who experience it as a double-edged sword. Alongside periods of fluctuating (hypo)manic or depressive moods, many people with bipolar disorder vigorously pursue goals that are important to them and are often successful as a result.

But what goes on in the brain when our moods shift from one second to the next in response to pleasurable experiences?

Mood bias in the brain

Pleasurable and rewarding experiences activate specific circuits in the brain that involve a neurochemical called dopamine. This helps us learn that the experience was positive and that we should repeat the actions that give rise to this pleasurable experience.

One way to measure the brain's response to reward is to examine activity in the ventral striatum – the key area of our reward system responsible for the feeling of pleasure.

Our study aimed to find out what goes on in the ventral striatum in 21 participants with bipolar disorder and 21 control participants when momentary shifts in mood occur. We wanted to gauge this down to the order of seconds, in response to monetary rewards.

> **Findings may help explain why people with bipolar disorder can get stuck in a vicious cycle where their mood escalates and causes them to take big risks**

Our participants were asked to play a computer game, involving gambling to win or lose real sums of money, while in a brain scanner. We used a technique called functional magnetic resonance imaging (fMRI) to measure blood flow in the participants' brains in order to determine which areas were active. We also used a mathematical model to calculate participants' "momentum" in mood – how great they felt as they kept winning.

Across all participants, we observed a heightened brain activity in an area of the brain which is involved in the experience and awareness of transient mood states – the anterior insula.

However, it turns out that during periods of upwards momentum, where participants had won many times, the ventral striatum showed a strong, positive signal only in participants with bipolar disorder. This means that participants with bipolar disorder experienced a heightened feeling of reward.

We also found that the amount of communication between the ventral striatum and anterior insula was reduced in participants with bipolar disorder. In the control group, both the ventral striatum and anterior insula were firing up in union.

This suggests that control participants were better able to keep their mood in mind when perceiving rewards in the task. So while participants may find it rewarding to win, we think they were more aware that this put them in a better mood. This might help them adjust quickly to an environment that changes (for the better or worse) and protect them from expectations of getting a future reward becoming very inflated.

However, this was the opposite for participants with bipolar disorder. This means they were less able to set their mood aside from how exciting or pleasurable they found the rewards to be.

These findings may help to explain why people with bipolar disorder can get stuck in a vicious cycle where their mood escalates and sometimes causes them to take bigger risks than usual.

The same mechanism that triggers a positive mood may also trigger a negative mood cycle. If you are on a winning streak and lose unexpectedly, mood may shift towards a negative cycle, with expectations becoming negative and behaviour changing accordingly. However future studies will need to investigate negative mood cycles more specifically.

Our findings may also aid the development of interventions that help people with bipolar disorder to better decouple their mood from their perceptions and decisions, without dampening down exciting experiences.

Since dopamine neurons are closely connected to the ventral striatum, it will be interesting to see if dopamine medication could ameliorate this mood bias.

(By Hestia Moningka, UCL, The Conversation)

All you need to know about...

2 things for hair growth

Onions

Onions are rich in sulphur, the element found within amino acids, which are components of protein. Keratin, a form of a protein, is needed for strong hair. When applied to the scalp, onion juice provides extra sulphur, thus supporting hair growth. Sulphur also promotes collagen production, which boosts the production of healthy skin cells. Reports also suggest that onion juice could increase blood supply to hair follicles. Here's how you can extract onion juice:

Peel the onions, and chop them into medium pieces.

Blend these, and squeeze out the juice using a strainer.

Take a cotton ball, and apply the juice to the scalp.

Leave for 30 minutes and wash.

You can also use onion juice with a variety of ingredients to further nourish your hair. For instance, mix a quarter cup of onion juice and a tbsp. of honey. Apply this to the hair roots and wash with a mild shampoo after 30 minutes. Another option is to use onion juice with curry leaves.

Tip: Follow the procedure once a week to obtain the desired results.

Aloe vera

Aloe vera contains proteolytic enzymes that help repair dead skin cells on the scalp. It also acts as a great conditioner and leaves hair smooth and shiny. Try this mask for best results: Mix an equal amount of aloe vera gel and virgin coconut oil. Apply to your hair and wash it off after 60 mins. You will notice a visible difference in five to seven washes.

Tip: Apply the mask every 15 days. Here are 10 DIY Aloe Vera Hair Masks you can try. **–Femina**

Whose lake is it anyway?

CONTINUED FROM PAGE 1

Children are also vulnerable to electrocution if the BBMP authorities fail to shift the electrical junction box to a safer place immediately," said Poojary.

Some environmentalists want the BBMP Lakes Department to fence the lakes to protect saplings that were planted by them from stray cattle. They said the cattle owners are not bothered about the cattle after drawing milk from them. "We lost several saplings to stray cattle at Basavanapura and Seegehalli lakes. The BBMP Lakes Department must fence the lake to prevent the entry of stray cattle into the lake land for grazing," said Balaji Raghotham, a lake activist.

Another activist, pleading anonymity, said that home guards posted at the water bodies have to keep a vigil on stray cattle. "I found the home guards busy with their mobile phones. They do not bother about what is happening on the lake land after the gates are closed to the public," the activist said.

The cow electrocuted on Kalkere land; The open electrical junction box kept at Kalkere lake land

However, V Ramparasad, co-founder of Friends of Lakes said that no one has the right to prevent cattle from entering the wetland of the lake. "Arrangements should be made to take the cattle to the wetland of the lake for grazing either by the security guard or the cattle owner. The lake activists and BBMP authorities should take cattle owners into confidence while taking up developmental works at the respective water bodies. The cattle owners should feel that the water body belongs to them and feel that it is their responsibility to protect it. People residing at nearby apartment complexes should realise that cattle owners used to take the cattle to the wetland for grazing all these years and it is not fair to stop the cattle entering the wetland for grazing," said Ramprasad.

Meanwhile, BBMP executive engineer (Lakes) said the BBMP has allocated funds to fence Kalkere Lake and the fencing will be taken up shortly.

52k+ footpath parking cases till May 2024

CONTINUED FROM PAGE 1

others say that one can't bring any systematic changes till people are not aware of the rules.

"The traffic cops can catch hundreds of people and make them pay fines. However, on the very next day, people would start parking in the same spot. The problem is not something that can be solved by the police, because it is a behavioural issue," said a citizen.

Another citizen said that the issue was that of lack of space. "If there is no space to park, where do I keep my vehicle? I am not hoarding vehicles, I just have one car. However, because there is no parking facility near my apartment complex, I have to park on the road. There isn't a choice. Who would want to park their expensive vehicles on the road when there is a surge in vehicle theft in Bengaluru? However, we are not left with any options. One can say that we should use public transport, but BMTC buses on my route to the office are not frequent and also, they are crowded and unsafe for women," the citizen said.

In the recent parking violation report by the Bengaluru Traffic police, footpath parking incidents reached a total of 57,246. Additionally, there were 5,545 cases of vehicles being parked at intersections, 3,558 instances of parking at BMTC bus stops, and a substantial 436,933 cases of wrong parking till May 2024.

Apart from wrong parking, the Bengaluru Traffic Police South Division also had a drive for riding on the footpath. In a recent drive on footpath riding in various localities, Banashankari tops the list with 31 incidents, followed by KS Layout with 26, and VV Puram with 22. Basavanagudi and Adugodi recorded 15 and 17 incidents respectively.

Other areas include Jayanagara (14), Micolayout (13), and Electronic City (11). HSR Layout, Madivala, and Hulimavu reported 10, eight and seven cases respectively, while Talagattapura and Bellanduru had the fewest, with two and 0 incidents. The total number of footpath riding incidents in a day stands at 176.

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I THULASI, D/o Ramaswami R/o 10-42, Tuppe Pade House Kapu Taluk Shirva Udupi, Karnataka - 574116. I have changed my name to THULASI ANGAMUTHU vide affidavit dated: 21/06/2024 Before Notary B M Chandrashekar Bangalore

I, Ravikumar Siddagangaiah Rangenhalli S/o Siddagangaiah R/o 145a, S.No.96 A B M North Residency, 6th Main Road, Arasinakunte, Hullegowdanahalli, Nelamangala, Bengaluru, have changed my name to Ravikumar Siddagangaiah.

I, NIRMALA W/o Chethan Ramesh Joshi R/a No. 60, Sharada Nilaya, 2nd Cross 4th Main, Vivekananda Nagar Chikkathogura, Eelectronic City, Bengaluru 560100. Have Changed My Name From NIRMALA BHARAMA GOUDRA To NIRMALA. Vide Affidavit Date: 7/06/2024. Sworn Before Notary: B.S.Padma Prasad.

I, Dhara Jayeshkumar Shah, W/o Dhaval Deepak Doshi, Flat #c-803, Vista Godrej United Whitefield Main Road Near Phoenix Market City Mahadev-pura, Bangalore-560048. I have changed my name to Dhara Dhaval Doshi Vide Affidavit Dtd: 03/06/2024 Before Notary B M Chandrashekar Bangalore

I, Phadke Manjiri Madhav, W/o Fayaz Shiraj Ahmad Shaik R/o #404, 4th Main, Shrichowdeshwari Nilaya, Navya Layout Bangalore, Karnataka-560099. I have changed my name to Ayesha Fayaz Shaikh Vide Affidavit Dated-15/06/2024 Before Notary B M Chandrashekar Bangalore

I, AMOGH G R, S/o Gnaneswara Ramagiri Shivanna, R/at No.09, Ramagiri, 7th Main road, Sharadamba Temple road, Jalahalli, Bangalore-560013 have changed my name to AMOGH GNANESWARA RAMAGIRI, vide affidavit dated 19.06.2024 sworn before notary Kundan Babu M, B.lore.

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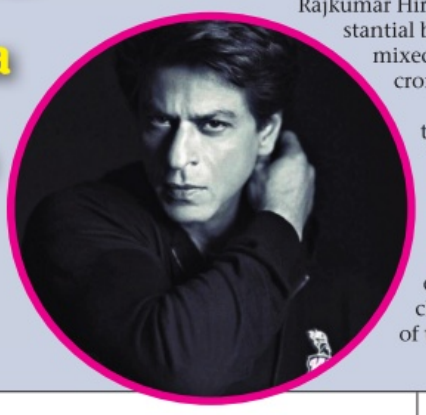
Dream come true

Is Samantha soon to collaborate with Shah Rukh Khan?



Actress Samantha, a well-known admirer of Bollywood's 'King of Romance' Shah Rukh Khan, might soon see her dream of working with him become a reality. According to recent reports by the 123 Telugu website, Samantha is likely to collaborate with Shah Rukh Khan in an upcoming film directed by the acclaimed filmmaker Rajkumar Hirani. If this materialises, it will mark Samantha's first film with Shah Rukh Khan and Shah Rukh's second collaboration with Rajkumar Hirani.

The potential collaboration has generated significant excitement excitement among fans. Rajkumar Hirani, known for his successful films such as 3 Idiots, Munnabhai MBBS, PK and many others, brings his unique storytelling to the project, making it highly anticipated.

Shah Rukh Khan, who last appeared in Rajkumar Hirani's 'Dunki,' enjoyed substantial box office success despite mixed reviews, earning Rs 500 crore globally.

While official confirmation is awaited, the possibility of this collaboration has created a buzz. For Samantha, this project could fulfill a long-held dream, while fans eagerly anticipate the chemistry between two of their favourite stars.

–ETimes

Beautiful white wedding it is

The paparazzi milling outside the Sinha residence in Bandra got a sneak peek at Sonakshi's wedding dress.

Setting at rest speculation over what colour Sonakshi would settle for, the glimpses available in pictures seem to suggest that her bridal dress will be an all-white affair with a shade of ivory.

The pictures show the couple's attendants loading Sonakshi's wedding dress into a car with Zaheer's sherwani, which was also in white. Earlier, IANS had reported that the theme of the celebrations will be white and ivory.

There is also a video of Zaheer leaving from his house for the wedding in his car. He sports a grey and black checkered shirt and a parrot green-hued cap. The 35-year-old actor is seen smiling for the paparazzi and showing a thumbs up sign. Another video shows an uber cool Sonakshi leaving her house wearing a Schiffli white shirt and flared light blue denims. She kept her hair open and carried a short black handbag, water bottle, and mobile . There are also visuals of Sonakshi's mother, Poonam Sinha, wearing a white suit, stepping out of her car for the civil wedding.

–IANS

Shahid shares glimpse into his family moments

Actor Shahid Kapoor recently took to Instagram to share a touching moment from his personal life, capturing a heartwarming photograph of his children, Misha and Zain.

Alongside the picture, Shahid penned an inspiring caption that resonated deeply with his followers.

"There can be immense joy filled in a single moment, enough to fuel you for days and months. Find them and store them in your heart forever. Morning all," expressed Shahid in his Instagram post, encapsulating a message of positivity and gratitude.

The actor's post quickly became a focal point of admiration, drawing a flood of comments from his fans who were moved by both his heartfelt words and the adorable image of his kids.

One follower remarked, "This man has grown like wine," acknowledging Shahid's personal evolution over the years.

Another fan chimed in with, "Good morning, dear brother. Keep on growing and shining."

The outpouring of affection extended to the comments section with sentiments such as "Beautiful capture with beautiful description".

–ANI

Simone in solidarity with Nicola

Simone Ashley, renowned for her role as Kate Sharma in Netflix's hit series 'Bridgerton,' has stepped forward to defend her co-star Nicola Coughlan amidst recent instances of body-shaming directed towards the actress.

According to The Hollywood Reporter, at an event, Ashley addressed the criticisms aimed at Coughlan, who portrays Penelope Featherington in the series' third season. "Yeah, the haters are going to hate, and I think we can all relate to that, but I really don't think that she's allowing that to bother her," Ashley remarked, emphasizing Coughlan's resilience and strength. Expressing admiration for Coughlan, Ashley continued, "She has a strong and fruitful career and entire life ahead of her. And I really believe in her, as the world does as well."

Ashley praised Coughlan's impact, noting, "I think Nicola is just absolutely flying. She is a gorgeous, strong, confident, intelligent woman, seeing her do this press tour and spread so much joy and inspiration to everyone, especially women, all over the world. And I'm inspired by her as well."

According to The Hollywood Reporter, Ashley also highlighted Coughlan's kindness, describing it as a universal trait that resonates with people. "She's also a really kind human being, and I think that's such a universal language that people can relate to," Ashley added.

–ANI

SANDALWOOD SHOTS
Y MAHESWARA REDDY

Signalman 1971 ready for release

Award-winning director K Shivarudraiah gears up to release his latest movie Signalman 1971. Prakash Belawadi, Rajesh Nataranga, and Venkatesh Prasad play important characters in the film bankrolled by Ganesh Prabhu under the Hindustan Muktha Media Entertainment banner.

Director Shivarudraiah said the India-Pakistan War of 1971 is an inspiration for this movie. "It is about a signalman who worked for 20 years at an unfamiliar place. He is depressed and lonely. Later, he becomes the hero of the state as well as the nation. Prakash Belawadi plays the lead," he said.

The director said a major portion of the shoot was held in and around Ooty. "We put up a railway station set in Ooty under the guidance of art director Ganesh Prabhu. This movie was screened at Bengaluru, Chennai, Mumbai, and Bangladesh International Film Festivals," the director said. Producer Ganesh Prabhu said efforts are on to release the film in August. He said the film was adjudged best film at the Bangladesh International Film Festival.

Trailer released

The trailer of Kannada movie Jigar was released at MMB Legacy on Saturday. Public Relations Officer of Sandalwood Sudheendra Venkatesh released the trailer of the movie made in a coastal Karnataka backdrop. Jigar went to floors more than two years ago and is scheduled for release shortly.

On the occasion, Praveen Tej, who plays the lead in the movie, said his journey began with director Suri Kunder more than two years ago. "I thank actor Dharmanna Kadur for gracing the function," said Praveen Tej.

Appreciating director Suri Kunder for writing an interesting and gripping script for this movie, he also thanked producer Pooja Vasanthkumar. "I troubled the director a lot during the two-and-half year journey. I too was under pressure when the shoot of the movie was delayed. Now, I am very happy to know the movie is scheduled for release," he said.

Vijayashree Kalburgi, who is paired opposite Praveen, said that Jigar is her second movie. "I am excited over the release of this movie," she said.

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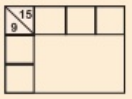
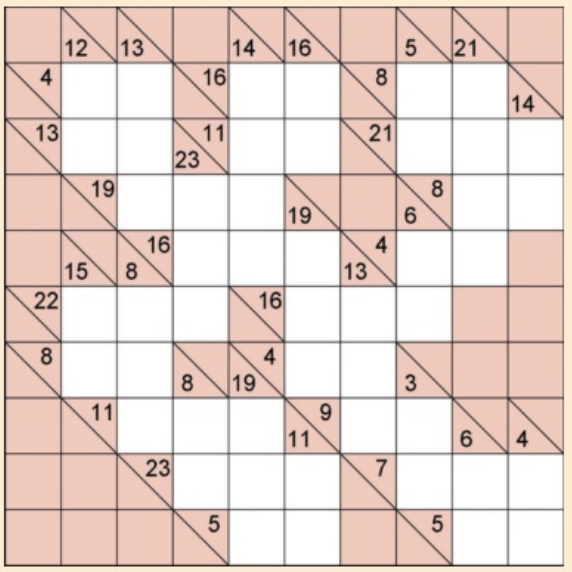
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

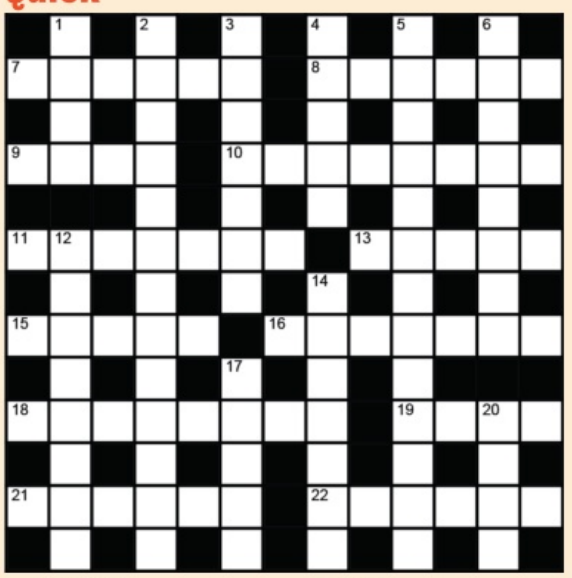


for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

7 Struck angrily (6)
8 Keen for action, combat (4-2)
9 Dart or move about swiftly (4)
10 Secretly or furtively (2,3,3)
11 Pre-Euro German coin (7)
13 Walk pompously (5)
15 Routes (5)
16 Advantageous purchase (7)
18 Accustomed (4,2,2)
19 Cheerio! (2-2)
21 Unethical (6)
22 Absolutely still (6)

DOWN

1 Go bankrupt (4)
2 A random chance or a mere guess (4,2,3,4)
3 Stupid (7)
4 Precious stone–"at age" anagram? (5)
5 Police inquiry (13)
6 I help rub for a change, for something to eat? (4,4)
12 Terrifying (8)
14 The Egg ____ : Restaurant for egg lovers on St. Marks Road (7)
17 Planet (5)
20 Be abundant (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: O EQUALS D

HU CV UHNMV RSB OSQ'V MBPPFFO, UHQO SBV HU VTF ESMFN AFVM CQRVTHQA.

Linemaro

Can you catch? I think I am falling for you

Mindchow

Money and success don't change people; they merely amplify what is already there

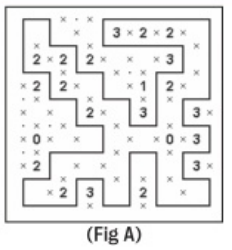
Joke of the day

Senior texting codes: ATD – At the Doctor's; BFF – Best Friend's Funeral; BTW – Bring the Wheelchair BYOT – Bring Your Own Teeth; DWI – Driving While Incontinent

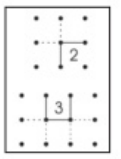
Loop

Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.



(Fig A)

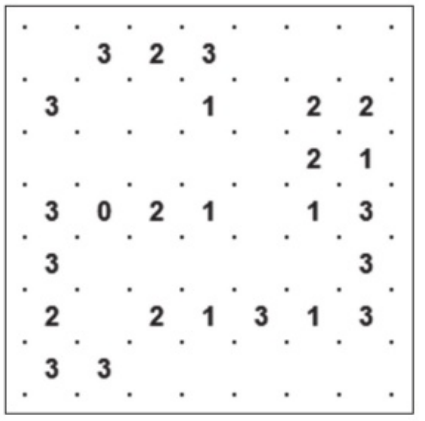


(Fig B) Not Allowed

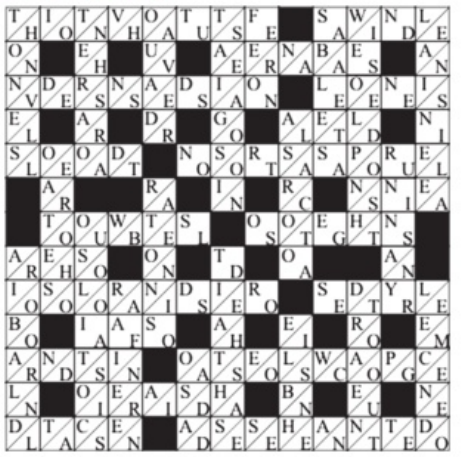
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



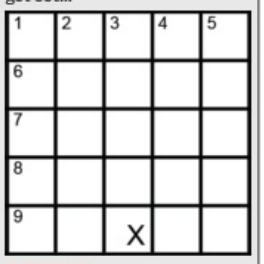
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

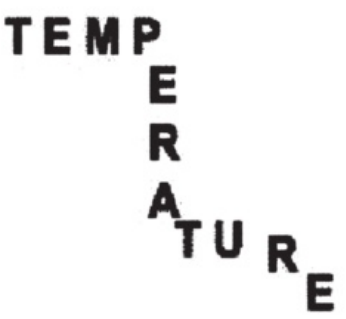
1 A kart; 6 Medea; 7 Sob mo; 8 Ale be; 9 Bed ox

DOWN

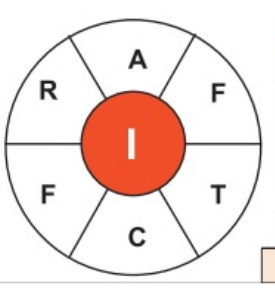
1 Bake B; 2 Boa do; 3 Rexes; 4 Maleo; 5 Mated

Mensapuzzle

Solve this dingbat:



Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

04 Average; **05** Good; **06** Outstanding

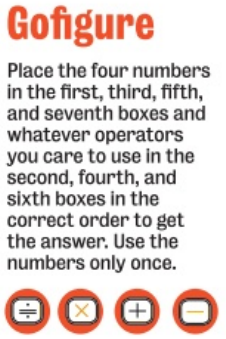
SudokuChallenge

7	6						2	8
	2	9				5	1	
5	1			4			7	6
			2		8			
		7				1		
			6		5			
4	5			3			6	9
	9	2				7	3	
3	7						8	1

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

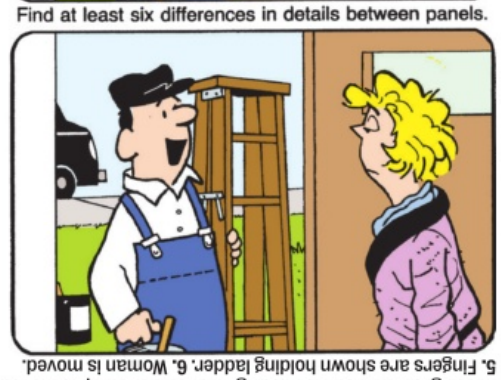
Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.



Hocusfocus

Find at least six differences in details between panels.



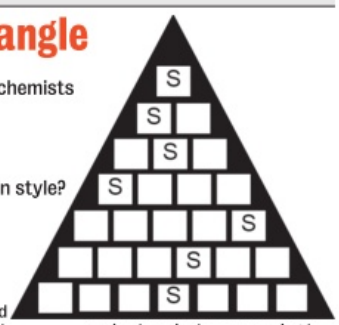
Differences: 1. Collar is different. 2. Ladder step is missing. 3. Paint can is missing. 4. Shoulder strap is moved. 5. Fingers are shown holding ladder. 6. Woman is moved.

Riddler

This little house has just four rooms,But guests keep running through. They enter sad, And exit mad, If colour's any clue. What is it?

Alpha triangle

1 Curved letter
2 Selenium for the chemists
3 Enzyme ending
4 Make replete
5 Palm fruits
6 Made fun of
7 Wined and dined in style?

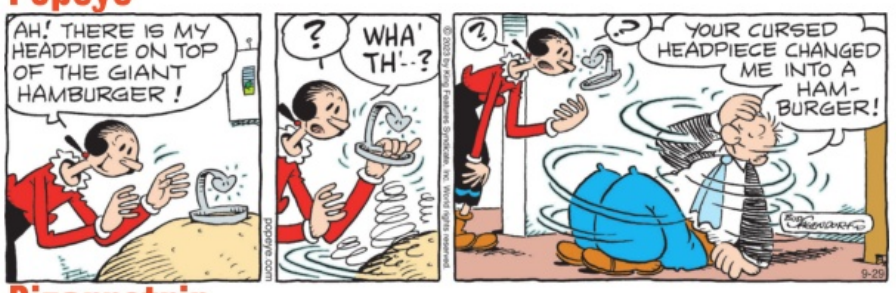


Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Popeye



Bizarrotrip

I'm checking the menu now to decide what I'll order and then send back.
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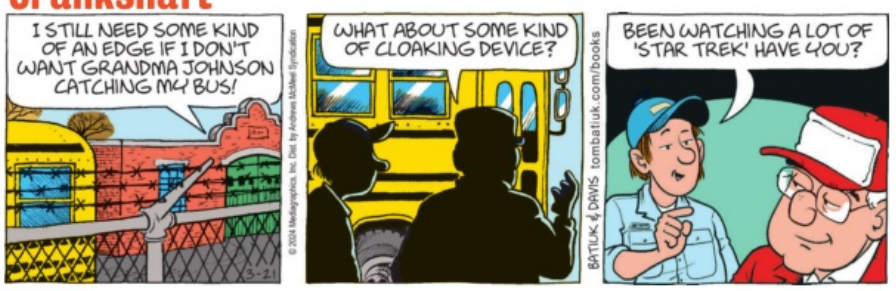
Diamond Lil

Hart of the city

I'M EXCITED FOR MS. ALLISON TO BE ON "AMERICAN NINJA WARRIOR." SHE'S GOT SIX-PACK ABS AND CAN BENCH PRESS LIKE 300 POUNDS. I WANT TO BE JUST LIKE HER.
HEART STUDENT
I DIDN'T KNOW YOU WERE INTERESTED IN FITNESS.
I'M NOT. IT'S CALLED ACTING.
HEART OF THE CITY © 2024 AUDREWS MCMEEL
@GOCOMICS.COM/HEARTOFTHECITY

Crankshaft


I STILL NEED SOME KIND OF AN EDGE IF I DON'T WANT GRANDMA JOHNSON CATCHING MY BUS!
WHAT ABOUT SOME KIND OF CLOAKING DEVICE?
BEEN WATCHING A LOT OF 'STAR TREK' HAVE YOU?
BATIUK & DAVIS tombatiuk.com/books
© 2024 Ucomics, Inc. Dist. by Andrews McMeel Syndication

Mutts

MR. NOODLES— WHY DO WE SEE SO FEW SPECIES OF ANIMALS AROUND HERE?
LET'S SEE - DESTRUCTION OF HABITAT, POLLUTION, PESTICIDES, HUNTING, HUMAN OVER-POPULATION...
SHTINKY! WHERE ARE YOU GOING?
TO BUILD AN ARK!
mutts.com
3-21

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today, you might sense negative vibrations around you, which may cause unhappiness. It's advisable to avoid investing in worthless assets. You may also notice that friends and people around you may not be supportive today. You are advised not to expect more from anyone in terms of help, otherwise it may make you nervous. It is advised to make independent decisions today.

Taurus Apr 21 – May 20
Today you may not be able to present yourself practically. You may have a dull feeling, which may give you a lack of confidence. You need to follow your intuition while making decisions in terms of investment. People around you may not be cooperative in terms of work. You are advised to be careful in eating unhealthy food to avoid stomach issues.

Gemini May 21 – Jun 21
Today, you may be busy with your family and friends. You may plan to renovate your house or bring some creative things to maintain your social status, which may increase your prestige. You may expect an increase in your fixed assets.

Cancer Jun 22 – July 23
Today is a positive day in terms of gains. You may get results with less effort. Your losses may convert into profits with the help of your wisdom. You may plan for higher studies to groom your career. You may donate some amount to a religious place or charity. You may also help needy people. Investment into intellectual assets may be possible. Students may do better.

Leo Jul 24 – Aug 23
Today you may feel dull, or you may have some health-related issues. Chronic disease may reappear. You are advised to avoid rash driving. You are advised to avoid conflicts with your business partner and refrain from making important business decisions. Investments in business or work are advised to be postponed. With the blessings from elders, by the late evening, things may be under control.

Virgo Aug 24 – Sep 23
Today, you may be blessed by destiny, allowing your postponed projects to start with the help of elders' blessings, bringing messy situations under control. It may speed up your projects as well. Disputes between family members may likely be resolved which may increase domestic harmony. Your creativity may now enhance your ability to produce artefacts. You may be attracted by glamour.

Libra Sep 24 – Oct 22
Today is a good day. You are likely to be enthusiastic. With the help of good focus, you may perform well in business and work. Your boss may be supportive, you may get some new responsibilities in terms of promotion. There may be some visits to a religious place. It is advised to avoid arrogance in your love life.

Scorpio Oct 23 – Nov 22
Today you are blessed by the moon and your destiny is with you. Your postponed projects are likely to be started now. You may have the elder's blessings, which may help you to come out from the messy situation. Which also may boost the speed of your work. Domestic harmony may make you happy after resolving some disputes between family members. Your creativity may be improved now. Movies and glamour may attract you.

Sagittarius Nov 23 – Dec 22
Today, Your moon is not in a good position. You may feel dull and may have health issues. You may face losses in this period. It is advised not to invest in risky assets. Your gains may likely convert into losses. You should stop investing in worthless objects. You should avoid being involved in controversies, otherwise it may pull you down negatively.

Capricorn Dec 23 – Jan 20
Today you are blessed by the moon. Love would be in the air in terms of personal life. Singles may find a suitable match. You may do better in terms of professional life. Your friends and subordinate staff may likely support you.

Aquarius Jan 21 – Feb 19
Today you may have confidence which may reflect in your way of working. You are in the winning position in terms of opponents and enemies. You may have a good focus towards your goals. Health issues may be good. In domestic life try to avoid unnecessary arguments, it may affect your domestic harmony.

Pisces Feb 20 – Mar 20
You may be happy due to a blessing from the auspicious planetary combination. You may have some sort of positive energy which may create prestige among people around you. You may spend your time studying intellectual stuff. You will also plan for higher studies.

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Leah, 6 Years, Creative School

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Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
27.(2/3.1/2) x √/25
27.(2/6) x √/25
27.(1/3) x √/25
3√/27 x √/25
3 x 5 = 15

BULL'S EYE
fair, flat, fift, tarff, tiff, TRAFFIC

FAST FIVE

K	A	R	A	T
E	D	E	M	A
B	O	S	O	M
A	B	E	L	E
B	O	X	E	D

STRIKE OUT

D	A	C	E		A	S	S	E	N	T	E	D		
L		I	R	I	S	H		N		U		N		
A	N	T	I		O	T	O	S		C	O	P	E	
B		I	F	S		A		E		R		M		
I	S	L	A	N	D	E	R		S	T	Y	E		
R	H	O		O		D		O			A			
T	O	W	E	L		S	T	E	T	S				
	A		A		N		C		N	N	E			
L	O	A	D		N	O	T	A	S	O	U	L		
E		R		R		G		L	T	D		I		
V	E	R	S	E	D	I	N		E	O	N	S		
O		E		V		A	R	A	B	S		N		
H	O	T	H	O	U	S	E		A	I	D	E		

QUICK

			E	K		D				Y	N	M		
		A	M	O	R	A	L		R	O	O	T	E	D
		O		A		R		O		I		E		
		R		E		W		C		A		T	A	T	A
	U	S	E	D	T	O	I	T		R				
P	A	T	H	S		B	A	R	G	A	I	N		
		E		T		C		F		I		R		
P	F	E	N	N	I	G		S	T	R	U	T		
		I				T		E		S		P		
F	L	I		T		O	N	T	H	E	S	L	Y	
	I		O		I		A		V		E			
L	A	S	H	E	D		G	U	N	G	H	O		
		F		S		I		A		I		B		

SUDOKU

3	7	6	5	2	9	4	8	1
1	9	2	4	8	6	7	3	5
4	5	8	1	3	7	2	6	9
2	4	1	6	7	5	8	9	3
6	8	7	3	9	4	1	5	2
9	3	5	2	1	8	6	4	7
5	1	3	8	4	2	9	7	6
8	2	9	7	6	3	5	1	4
7	6	4	9	5	1	3	2	8

MENSA PUZZLE
a-drop-in-tempera-ture.

RIDDLER
Heart

QUOTE UNCODE
If at first you don't succeed, find out if the loser gets anything.

ALPHA TRIANGLE
S, Se, Ase, Sate, Dates, Teased, Feasted.

GO FIGURE
Easy
8 + 5 − 9 + 9 = 11
Medium
8 + 5 x 3 − 7 = 32
Hard
7 + 7 + 2 + 8 = 24

LOOP

KAKURO

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